

Solo Exhibitions

- 2025 *Experiments in Trajectory* | Power House, Orford Ness, Suffolk, UK.
Lumens | Bård Books, Bow, London.
- 2024 *Camera Obscura* | Chisenhale Studio 4 (CAP), Open House London.
- 2021 *Mulberry - Tree of Plenty* | Create Space, St Margaret's House, London.
- 2019 *Reflections on Home* | Alton Estate, Wandsworth Arts Fringe, London.
- 2018 *The Bird Hide* | London Festival of Architecture, Royal Docklands.
Sausage Factory | Sunday Spot, South London Gallery.
- 2010 *The Steam Room* | Shunt Vaults, London.

Group Exhibitions

- 2025 *From the Eye to the Hand* | 7th John Ruskin Prize, Trinity Buoy Wharf, London.
- 2023 *Homage to the Unknown* | Three Waters Studios, London.
- 2021 *Places to Intervene in a System* | Lumen Crypt Gallery, London.
Postcards for Perec | Bower Ashton Library, UWE, Bristol, UK.
- 2020 *Lockdown & Light* | Online international exhibition during Covid lockdown.
- 2019 *Thought Atlas* | Espacio Gallery, Shoreditch, London.
Unboxed | The Art Station, Saxmundham, Suffolk.
- 2018 *Brownfield Research Centre* | Air Space Gallery, Stoke-on-Trent.
Alive in the Universe | Look Out Tower, Aldeburgh Festival of Arts, Suffolk.
- 2017 *20 Prints for 20 Years* | Nunnery Gallery, London.
- 2014 *Last One to Leave Turn Out the Lights* | The Creekside, Deptford.
- 2012 *SE1 Open Show.* | Bermondsey Project Space, London.
- 2010 *Peep into my World* | Chisenhale Gallery, London.
Celebration | Mile End Art Pavilion, London.
- 2007 *Opera Voice* | Shunt Vaults, London.
- 2002 *Incubator - Colour Blind* | Temple Arts, Hackney City Farm, London.
- 1999 *Dummy - Prototypes* | The Art Fiend Foundation, New York, USA,
Catalyst Arts & Diesel@Ltd, Belfast, N. Ireland.
- 1997 *Drawing Exhibition* | The Mall Galleries, London.
360 Degrees & Cote a Cote | Permanent collection, La Napoule Art Foundation, Mandelieu, Cannes, France.
- 1996 *Assembly Alive* | Assembly Rooms, Edinburgh, UK.
Cluster | The Collective Gallery, Edinburgh, UK.
- 1995 *From Edinburgh* | Gallerie La Chaufferie, Strasbourg, France.
- 1994 *Young Artists* | The Royal Scottish Academy, Edinburgh.

Residencies & Commissions

- 2025 *PADA 53 International Residency* | PADA Studios, Barreiro, Lisbon, Portugal.
Powerhouse Research Laboratory Residency | Orford Ness, Suffolk in collaboration with Blast Radius & The National Trust.
- 2024 *Studio 4 Residency* | Chisenhale Art Place, London, UK.
- 2023 *Legacy Makers* | Stebon School, Tower Hamlets. Commission by Bow Arts.
- 2021- 23 *Enfield Town School Partnership* | Funded by The Paul Hamlyn Foundation.
- 2020- 21 *Mulberry - Tree of Plenty* | Trellis 2, UCL East. Commissioned by UCL Culture & UCL East programme & funded by EPSRC.
- 2020 *Sea of Tranquility* | Commissioned by St Saviour's, Poplar, London.
- 2018- 19 *Reflections on Home* | Alton Estate Regeneration, London. Commissioned by Artscape Management, Redrow Homes and Wandsworth Council.

2018	<i>RAW Labs Residency</i> Royal Albert Wharf, Docklands, London. Commissioned by Notting Hill Housing, Bow Arts and The Royal Docks.
2016- 17	<i>Memorabilia</i> Raines, Tower Hamlets. Commissioned by Allen & Overy.
2013- 14	Loopart 13 Residency The Creekside, Deptford, London.
1997	La Napoule Art Foundation Residency Cannes, France. Braziers International Residency Oxfordshire, UK.
1996	Internship Residency Chinati Foundation, Marfa, Texas, USA.
1993	Erasmus Exchange Athens School of Fine Arts, Athens, Greece.
1992	Cyprus School of Art Residency, Paphos, Cyprus.

Press

2025	Bow Arts 30 Moments for 30 years: Artist Spotlight - Sara Heywood 2025 Exhibition – The John Ruskin Prize Experimental photography workshop with Sara Heywood at Bård Books
2024	Chisenhale Gallery: Workshops & Community Events
2021	Trellis 2020- 2021: Mulberry Tree of Plenty
2021	Unboxed - The Art Station Lockdown & Light
2019	Alton Renewal Plan: Reflections on Home Past exhibitions 2019 - ESPACIO GALLERY
2018	SUNDAY SPOT: SARA HEYWOOD - South London Gallery

Employment – Lead Visual Artist: Education & Learning (2011 – 2025)

- Barbican Centre, London.
- Bow Arts Trust, London.
- Camden Art Centre, London.
- Chisenhale Gallery & CAP, London.
- Cubitt Arts, London.
- South London Gallery, London.
- Whitechapel Gallery, London.
- UCL East Engage, London

Education

Arts Award Adviser | Trinity College London

MFA in Fine Art | Edinburgh College of Art, Scotland, UK

BA (Hons), Fine Art - *First Class* | Edinburgh College of Art, Scotland, UK

Foundation Diploma in Art & Design | Kent Institute of Art & Design